

DOCUMENT 1

What to do before, during and after a virtual interview

By Jennifer Liu

The job market today is in many ways unrecognizable compared to early 2020, including the sheer volume of jobless workers applying for scarce openings. But employers are still hiring, and even though employers are increasingly relying on virtual interviews to hire, some of the basic tenets of job interviewing still apply with a few tweaks, says Paul Wolfe, senior vice president of HR at the job site Indeed.

How to prepare for a virtual interview ?

Just as you'd prepare for an in-person interview, do some homework on the company and the job you're applying for, Wolfe says. After you've put on a professional interview outfit and ensured your equipment is ready to go, log into the interviewing platform a few minutes early. Wolfe says another major change between in-person and on-camera interviewing is that you'll want to be especially aware of how your body language comes across on screen.

A benefit to doing virtual interviews is that the hiring manager may be able to meet with and evaluate multiple candidates more quickly. "With virtual interviewing, we can reduce the time to hire from weeks to days" says Wolfe.

<https://www.cnbc.com> September 23, 2020

DOCUMENT 2



<https://carminacristina.com>

DOCUMENT 3

25 **Clients don't like how they look on Zoom**

After logging many hours on Zoom, Sarah Hayes became distressed. "I noticed my face was starting to look older: fine lines and droopy," said the senior program manager for a financial firm in New Hampshire. "I'm definitely bothered by my lines more on video than in real life." So, she decided to get Botox. Call it a Zoom boom.

30 Plastic surgeons across the globe are anecdotally reporting an unprecedented number of requests for procedures. Many workers are spending more time on Zoom, which isn't the most flattering of mirrors. They're also realizing they won't have to return to an office anytime soon, which will make recovery, and keeping surgery private, easier. Psychologists aren't surprised that people are turning to cosmetic

35 surgery during the pandemic. Robin Hornstein, a psychologist in Philadelphia, said we're all feeling out of control at the moment, and a step like this puts people in control of something. Also, she said, it's important to remember that video meetings are a new situation for most of us.

By Danielle Braff

<https://www.washingtonpost.com>

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